

INTUITIVE JOURNAL PROMPTS

Use the following prompts with any deck, and use them to journal about what's coming up for you now. Select **ONE** card, and choose a question below to answer. Sit quietly with the question, allow yourself to connect with your intuition, and let yourself write whatever comes to mind without editing or judging what you write. Keep the card in view to remind you of any insights that arise. Check back in with your journal as your situation and/or mindset shifts to note changes.



- * 1. What is quietly blooming in my life right now, even if it feels slow or unseen?
- * 2. What part of me needs more patience instead of pressure?
- * 3. What truth keeps returning to me when I am quiet?
- * 4. What am I being guided to trust without needing proof?
- * 5. Where am I forcing clarity when I need to allow mystery?
- * 6. What wants to unfold naturally rather than be rushed?
- * 7. What emotion have I been carrying that needs gentler care?
- * 8. What am I learning about myself in this in-between phase?
- * 9. What am I holding onto that no longer fits who I am becoming?
- * 10. What feels uncertain now but may become meaningful later?
- * 11. Where do I need to soften instead of push forward?
- * 12. What is growing beneath the surface of my current situation?
- * 13. What inner voice deserves more of my attention?
- * 14. What am I being asked to surrender control over?
- * 15. What part of my life needs rest, darkness, or quiet to grow?
- * 16. What intuitive nudge have I been ignoring or postponing?
- * 17. What feels fragile right now, and how can I protect it?
- * 18. What lesson is revealing itself slowly instead of all at once?
- * 19. What does my intuition want me to notice about this moment?
- * 20. What am I learning to accept rather than change?
- * 21. What am I ready to release so something new can bloom?
- * 22. Where am I being guided to trust timing instead of outcomes?
- * 23. What truth feels gentle, even if it is unfamiliar?
- * 24. What part of me is asking for compassion instead of answers?
- * 25. What is forming in my life that I cannot fully see yet?

- * 26. What belief is quietly shifting within me?
- * 27. Where do I need to listen more deeply to myself?
- * 28. What wants to be acknowledged rather than fixed?
- * 29. What inner knowing feels calm, not urgent?
- * 30. What is aligning for me behind the scenes?
- * 31. What fear softens when I allow myself to pause?
- * 32. What am I being invited to approach with curiosity instead of judgment?
- * 33. What message feels meant just for me right now?
- * 34. What is becoming clearer through stillness rather than action?
- * 35. What does my inner world need more of lately?
- * 36. What am I learning to trust about myself?
- * 37. What part of my path is unfolding exactly as it should?
- * 38. What truth feels easier to accept when I stop resisting it?
- * 39. What am I ready to honor about my own pace?
- * 40. What quiet guidance wants to be carried forward from this moment?
- * 41. What relationship or connection needs more understanding from me?
- * 42. What is calling me back to my center right now?
- * 43. What am I ready to say yes to that my soul already knows?
- * 44. What do I need to remember when doubt creeps in?
- * 45. What brings me a sense of peace, even in small doses?
- * 46. What hidden strength is within me that I forget to use?
- * 47. What is my heart trying to communicate?
- * 48. What am I being invited to create or nurture?
- * 49. What would I tell myself if I spoke with the love of a trusted friend?